

GECAC CORRY SENIOR CENTER

AUGUST 2026 NEWSLETTER

25 S FIRST AVE., CORRY, PA 16407 (814)664-2477

OPEN TUESDAY - FRIDAY 9 A.M. TO 3 P.M.

Rachael Price, Senior Center Director Valeri Raymond, Senior Center Assistant

DATES TO REMEMBER

- 4TH MISTY MEADOWS @ 10:30 AM Paint a flower pot
- 5TH BIBLE STUDY @ 10:30 AM
- 7TH MISTY MEADOWS @ 10:30 AM Plant houseplant or succulent
BIRTHDAYS
- 11TH BIBLE STUDY @ 10:30 AM
BLOOD PRESSURE SCREENING @ 10:00 AM
- 12TH SPEAKER: ADAGIO @ 11:00 AM
POP--UP FARMER'S MARKET @ 9:00 AM
- 14TH SPEAKER: LIFE NWPA @ 10:30 Totebag craft
- 18TH SPECIAL BINGO GAME @ 10:30 AM
- 19TH BIBLE STUDY @ 10:30 AM
- 25TH BIBLE STUDY @ 10:30 AM
- 27TH POP-UP FARMER'S MARKET @ 9:00 AM
- 28TH FREE PIZZA PARTY Please sign up by Fri., 8/21



- 8/8 Linda Redfield
Linda Yeane
 - 8/9 Michelle Conda
 - 8/10 Martha Freeman
Roger Watrous
 - 8/13 Lori Kuzma
 - 8/14 Evelyn Higby
 - 8/16 George Dobson
 - 8/17 Karen O'Daniel
 - 8/23 Bob Brooks
 - 8/24 Mary Ann Watrous
- JOIN US FOR BIRTHDAY CAKE !**



**Please remember to
use your
Farmer's Market
Vouchers
by Nov. 30, 2026**



AUGUST CALENDAR & MENU

MENU SUBJECT TO CHANGE

TUE		WED		THUR		FRI	
4	PORK ROAST 9:00 CARDS 10:30 Misty Meadows Craft	5	STUFFED CHICKEN 9:00 CARDS 10:30 BIBLE STUDY 12:30 BINGO	6	CHEESEBURGER 9:00 CARDS 11:00 EXERCISE	7	CHICKEN ala KING 9:00 CARDS 10:30 Misty Meadows Craft 12:30 BINGO BIRTHDAYS
11	OVEN FRIED CHICKEN 9:00 CARDS 10:00 BP SCREENING 10:30 BIBLE STUDY	12	COUNTRY FRIED STEAK 9:00 CARDS 11:00 SPEAKER: 12:30 BINGO POP-UP FARMER'S MARKET @ 9 AM	13	CHICKEN & NOODLES 9:00 CARDS 11:00 EXERCISE	14	STUFFED PEPPERS 9:00 CARDS 10:30 Tote bag Craft 12:30 BINGO
18	CHICKEN SALAD ON PITA 9:00 CARDS 10:30 SPEAKER: Special Bingo	19	SWEDISH MEATBALLS 9:00 CARDS 10:30 BIBLE STUDY 12:30 BINGO	20	HAM 9:00 CARDS 11:00 EXERCISE	21	MEATBALL SUB 9:00 CARDS 12:30 BINGO
25	BEEF STEW 9:00 CARDS 10:30 BIBLE STUDY	26	SALISBURY STEAK 9:00 CARDS 12:30 BINGO	27	CHICKEN CORDON BLEU 9:00 CARDS 11:00 EXERCISE POP-UP FARMER'S MARKET @ 9 AM	28	FREE PIZZA PARTY 9:00 CARDS 12:30 BINGO
1	SAUSAGE SUB 9:00 CARDS	2	OX ROAST 9:00 CARDS 12:30 BINGO	3	STUFFED CABBAGE 9:00 CARDS 11:00 EXERCISE	4	TUNA SALAD 9:00 CARDS 12:30 BINGO

Rules of Medicare Marketing

Insurance companies are subject to extensive federal rules when they market Medicare plans. These rules govern the content, timing, and appearance of the materials they send out.

Mailed materials must:

- Be accurate and not misleading
- Clearly identify the insurance company
- Avoid confusing beneficiaries into thinking the mail came from the government
- Include required disclaimers & contact information
- Present information that complies with all Centers for Medicare and Medicaid (CMS) standards

CMS Prohibits marketing that could mislead someone into believing a private company is sending an official Medicare notice, or that it is coming from the Federal Government. They are not to make false statements of exaggerated claims about savings, omit limitations or eligibility requirements, or claim Original Medicare will be lost if you don't respond immediately. State Laws are in place that prohibit false advertising, use unfair or deceptive marketing practices, and from misrepresenting policy benefits.

If you believe you were improperly marketed to by mail, in-person, by phone, or other manner, you may contact 1-800-MEDICARE (1-800-622-4227), the PA State Department of Insurance 1-877-881-6388, and for specific concerns of fraud, the Senior Medicare Patrol 1-877-808-2468. You may also call your local SHIP/ PA MEDI office.

PA MEDI Counselors can help you learn about Medicare, Preventive Services, understand and enroll in your plan of choice, guide you Medicare appeal decisions, and more. Help is available to low income Medicare recipients through the Medicare Savings Program and Extra Help Low Income Subsidy program to help pay for your Part B premium and prescription costs. For help in understanding your options, contact your local GECAC Erie Area Agency on Aging PA MEDI office for more information at 814-459-4581 Ext. 400.



Pennsylvania
Medicare Education
and Decision Insight



PA MEDI, available through your local Area Agency on Aging, offers free, confidential, unbiased, and easy-to-understand information to Medicare-eligible individuals, their families, and caregivers.

PA MEDI empowers seniors and people with disabilities to make informed decisions about Medicare health insurance.



Pennsylvania
Department of Aging



SHIP
Navigating Medicare

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GREAT RESOURCES



GECAC SENIOR HELPLINE: If you are in need of In-Home Services, Meals on Wheels, Older Adult Protective Services, Support for Caregivers, or PA-MEDI, call **(814) 459-4581 ext. 400** or visit **www.gecac.org** to find out more.

PA 211 is a vital service in Pennsylvania that connects individuals with various community resources. It provides free and confidential assistance for a wide range of needs, including:

- Crisis and emergency counseling
- Food, health care, and insurance assistance
- Housing and utilities payment assistance
- Employment services and veteran support
- Childcare and family services

PA 211 operates 24/7, offering a one-stop resource for finding local services and support. Visit **www.pa211.org** to explore programs available in your community.

SNAP/Food stamps: To apply call **814-461-2000** or **1-800-635-1014**

LIHEAP: To apply call **814-461-2002** or **1-866-857-7095**

SOME HELPING SERVICES IN ERIE COUNTY:

The EMTA Senior LIFT..... **814-456-2299**
Corry City Police **814-664-2222**
Corry Fire Department **814-663-7041**
The Independent Council on Aging.... **814-835-7485**



Reminder that anyone who is experiencing depression, loneliness or isolation can **call 9-8-8** anytime to speak with a trained counselor who will listen, or the UPMC Safe Harbor Erie WARM line **1-877-550-4007**. The WARM Line is a free, confidential phone service you can call to speak one-on-one with a certified peer specialist. It's not a crisis line. If you need to speak with a crisis counselor, call **814-456-2014** or **1-800-300-9558**.



VOLUNTEER DRIVERS FOR HOME DELIVERED MEALS NEEDED:

Through our Meals on Wheels Program, volunteers deliver nutritious, home-cooked meals to seniors across Erie County--many of whom live alone, face food insecurity or struggle with social isolation. Erie County has ten food deserts, seven in the City of Erie, leaving over 22,000 residents without easy access to healthy food. Additionally, 37% of seniors live alone, increasing their risk for malnutrition, health complications and loneliness. Volunteering with GECAC, you do more than deliver a meal-- you provide a daily visit, a warm smile and a watchful eye that can detect early health risks, prevent hospitalizations, and improve overall well-being. Last year alone, our volunteers delivered 25,889 meals, served 130 seniors and contributed over 1,750 hours of service--touching lives in ways that extend far beyond nutrition.



COMMUNITY PHONE NUMBERS

GECAC AAA OFFICE:
(814)459-4581
AAA TOLL FREE: (800)769-2436
AFTER HOURS (CRISIS LINE)
Day (814)451-4581 Ext 400
Evening (814) 451-1520
PACE-PACENET: (800)225-7223
ERIE CO VETERAN'S AFFAIRS:
(800)274-8387
SOCIAL SECURITY ADMIN:
(877)405-3543
AGENCY WEBSITE:
www.gecac.org
PA AGING WEBSITE:
www.aging.pa.gov

MONTHLY ACTIVITIES

LUNCH IS SERVED @ NOON
FOR SENIORS 60 YRS & OLDER.
MEALS ARE \$2.00 CONTRIBUTION
PLEASE MAKE YOUR MEAL
RESERVATIONS
2 WEEKS IN ADVANCE
PARTIES WILL BE \$5.00, UNLESS
STATED OTHERWISE

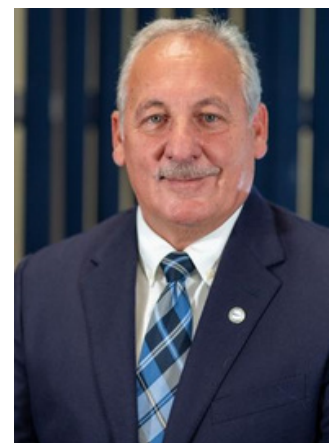
BINGO IS PLAYED ON
WEDNESDAYS & FRIDAYS @
12:30. We have LOTS OF FUN,
so come join us!!!

TAI CHI EXERCISE CLASS ON
THURSDAYS @ 11:00
LET'S BE HEALTHY!!

The GECAC Corry Senior Center, operated by Greater Erie Community Action Committee(GECAC), Area Agency on Aging, is funded in part by the Department of Aging.



Dr. Benjamin Wilson
CEO



Ray Maholtz
AAA Division Manager

How do our contributions and fundraising dollars help our center?

Meal Contributions help to off-set the cost of the center meals. On average, the actual cost of the meal is over \$9.00. Meal contributions also help to maintain the building, maintain and/or replace a stove, a refrigerator or a freezer, if necessary. These dollars are vital to maintaining the Center and its daily operations.

Booster Contributions and Fundraising Dollars help to pay for our parties, entertainment, snacks and more. They also help to pay for programming opportunities, like exercise, craft classes, computer usage, and again, more. These dollars are vital to your programming options and enjoyment of the Center.

Contributions and Fundraisers are all voluntary; however, please continue to support your Center by whatever means you are able.

The Centers and their services mean so much, to so many and your support goes a long way towards helping your Center continue to offer programming and services.



WI-FI is available FREE TO OUR SENIORS!!
Prior to using the WI-FI, members will need to
sign the GECAC POLICY AGREEMENT .
Please see RACHAEL OR VALERI FOR
ASSISTANCE.

JOIN OUR FACEBOOK GROUP!!!

You can find us through the Group Search.

Type in “**GECAC CORRY SR CTR**” and ask to join. There are a few questions to answer and you’ll need to agree to the Group rules, but it’s easy and it’s for your protection.

We will be posting our newsletters, upcoming events and hopefully, soon, getting some other virtual activities for you to be able to participate. Talk with other current and active members and perhaps meet some of the new members that have joined us.

